

# 2009 BULLDOG CROSS COUNTRY

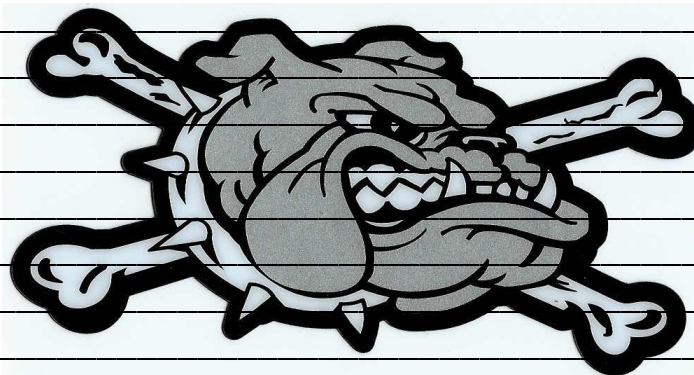
## RUN-A-THON

**When:** Saturday, September 5<sup>th</sup> (7:00 - 8:00am)

**What:** A Bulldog Run-A-Thon fundraiser for the cross country program. Runners will attempt to run up to 40 laps (10 miles) at the *F.P.C.* Track between (7:00 - 8:00am). A per lap sponsorship *or* an overall donation will aid the *F.P.C.* Cross Country Program in traveling to meets out of state. Thank you for your support. Information about the Bulldog Cross Country Program as well as this year's schedule can be accessed via [http://www.flaglerschools.com/fpchs/athletics/teams/Cross\\_Country/index.htm](http://www.flaglerschools.com/fpchs/athletics/teams/Cross_Country/index.htm) Please come out to watch your *Fighting Bulldogs*. If you have any questions please contact Coach Halliday at *F.P.C.* 437-7540 x-1086 or at [hallidayd@flagler.k12.fl.us](mailto:hallidayd@flagler.k12.fl.us)

**\*Each member of the cross country team must raise a minimum of \$50 for the Booster Club.**

	<u>Name</u>	<u>Per lap</u>	<u>Total/or Donation</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____
9.	_____	_____	_____
10.	_____	_____	_____
11.	_____	_____	_____
12.	_____	_____	_____
13.	_____	_____	_____
14.	_____	_____	_____
15.	_____	_____	_____
16.	_____	_____	_____
17.	_____	_____	_____
18.	_____	_____	_____
19.	_____	_____	_____
20.	_____	_____	_____



Cross Country Team Member's Name: \_\_\_\_\_