

Exam Title: Dance Repertory III

Courses Assessed by this Exam: Dance Repertory III (0300420)

Key Vocabulary: musculoskeletal, ligaments, muscles, tendons, balance, flexibility, strength, endurance, concentric, eccentric, isometric, myoclonic, coda, duet, trio, variation, thrust stage, arena stage, corridor stage, proscenium stage, artistic director, stage manager, technical director, production manager, air pattern, floor pattern, focal pattern, body pattern, cannon, swing, soloist, standby, substitute, sauté, pirouette, pas de chat, changement, abdominals, hamstrings, quadriceps, trapezius, Achilles tendon, Charleston, fox trot, lindy hop, waltz, fatty acids, maltodextrin, protein, water, carbohydrate, classical position, French terms, poise and posture, turned out feet, fall, lunge, swing, tendu, contraction, initiation, organic, suspension, reverence, americana, revelations, en demi-pointe, en demi-detourne, en eleve en bras croise, en poine, en sur le coup de pied, battement, degage, glissade, tendue, assemble, chase, stride, trot, Raqs sharqi, allegro etude, anterior, lateral, posterior, ventral, back T, lateral T, Jete and changement, chasse and assemble, temps lie and glissade, developpe and prance, degage, sixth sense, dehydration, equilibrium, fatigue, lateral roll, side lying, cross fit, pilates, resistance training, weight training,

Student Tasks:

- Understand injuries that can occur in dance motions.
- Understand parts of the human anatomy that relate to dance athleticism.
- Identify choreographers of significant ballets.
- Identify key choreographers that affected social and political culture.

- Identify and understand the terms of classical ballet.
- Understand proper etiquette used in ballet class.
- Understand proper etiquette used in a performing center both on stage and backstage.
- Understand choral positions.
- Understand the affects that daily stretching has on human anatomy.
- Understand and identify modern dance history and key figures from modern dance history.
- Understand and identify different posture positions and the human anatomy parts that can affect it.
- Understand and identify the components of stage illumination.
- Understand key components and figures of contemporary dance.
- Understand and identify quotes from significant choreographers and dancers.
- Understand and identify body shapes (as in shapes you can create with your body).
- Understand and know ways to practice good health and conditioning for the athletic rigors of dance.
- Will be able to identify dance positions based on photographs.