

## **Exam Title:** Dance Technique II

**Courses Assessed by this Exam:** Dance Technique II (0300320)

**Key Vocabulary:** musculoskeletal, ligaments, muscles, tendons, balance, flexibility, strength, endurance, concentric, eccentric, isometric, myoclonic, coda, duet, trio, variation, thrust stage, arena stage, corridor stage, proscenium stage, artistic director, stage manager, technical director, production manager, air pattern, floor pattern, focal pattern, body pattern, cannon, swing, soloist, standby, substitute, sauté, pirouette, pas de chat, changement, abdominals, hamstrings, quadriceps, trapezius, Achilles tendon, Charleston, fox trot, lindy hop, waltz, fatty acids, maltodextrin, protein, water, carbohydrate, classical position, French terms, poise and posture, turned out feet, fall, lunge, swing, tendu, contraction, initiation, organic, suspension, reverence.

### **Student Tasks:**

- Understand injuries that can occur in dance motions.
- Understand parts of the human anatomy that relate to dance athleticism.
- Identify choreographers of significant ballets.
- Identify key choreographers that affected social and political culture.
- Identify and understand the terms of classical ballet.
- Understand proper etiquette used in ballet class.
- Understand proper etiquette used in a performing center both on stage and backstage.
- Understand choral positions.
- Understand the affects that daily stretching has on human anatomy.