

Course Title: Individual and Dual Sports 1			
Course Number: 1502410			
NGSSS Benchmark	Content Focus	Number of Questions	Suggested Cognitive Complexity (perCPALMS)
<i>Reporting Category 1: Cognitive</i>			
PE.912.C.2.2.3	Apply appropriate technology/analyze data to evaluate, monitor, improve performance	2	1 Level 1 1 Level 2
PE.912.L.3.3	Identify a variety of activities that promote effective of stress management.	3	3 Level 2
PE.912.L.3.6	Identify risks and safety factors that may affect physical activity throughout life.	4	1 Level 1 3 Level 2
PE.912.C.2.2.6	Evaluate skill patterns of self and/or partner by detecting and correcting mechanical errors.	3	1 Level 1 2 Level 2
PE.912.C.2.2.8	Interpret and apply the rules associated with specific courses.	3	1 Level 1 2 Level 2
PE.912.M.1.10	Apply sport specific skills in simulation and in real life application.	3	1 Level 1 2 Level 2
<i>Reporting Category Total</i>		19	
<i>Reporting Category 2: Self Improvement/Motivation</i>			
PE.912.M.1.15	Select and apply sport/activity specific warm up and cool down techniques.	4	1 Level 1 2 Level 2 1 Level 3
PE.912.M.1.5	Apply strategies for self improvement based on individual strengths and needs.	4	1 Level 1 2 Level 2 1 Level 3
PE.912.M.1.32	Apply sport specific skills in variety of game settings.	3	3 Level 2
<i>Reporting Category Total</i>		11	
<i>Reporting Category 3:Responsible Behaviors/Values</i>			
PE.912.R.5.3	Demonstrate sportsmanship during game situations.	4	1 Level 1 3 Level 2 1 Level 3
PE.912.R.5.5	Demonstrate appropriate etiquette care of equipment, respect for facilities, safe behaviors while participating in variety of physical activities	3	3 Level 2
PE.912.R.6.1	Discuss opportunities for participation in variety of physical activities outside of school setting that contributes to personal enjoyment	3	3 Level 2
PE.912.M.1.35	Select proper equipment and apply all appropriate safety procedures necessary for participation.	4	1 Level 1 2 Level 2 1 Level 3
PE.912.C.2.2.0	Identify appropriate methods to resolve conflict.	4	1 Level 1 2 Level 2 1 Level 3
PE.912.R.5.4	Maintain appropriate personal, social and ethical behavior while participating in a variety of physical activities.	3	3 Level 2
<i>Reporting Category Total</i>		21	

Overall Percentage for Written Test: ___100%___

Overall Percentage for Performance Tasks: ___0%___