

Course Title: M/J Comprehensive – Grade 7/8

Course Number: 1508700

NGSSS Benchmark	Content Focus	Number of Questions	Suggested Cognitive Complexity (per CPALMS)
<i>Reporting Category 1:</i>			
PE.8.M.1.6	Demonstrate offensive, defensive and transition strategies and tactics	1	Level 2
PE.8.M.1.3	Demonstrate body management for successful participation in a variety of modified games and activities	1	Level 2
PE.8.M.1.5	Demonstrate appropriate speed and generation of force when distance running, sprinting, throwing, jumping, striking, or kicking.	2	Level 2
PE.7.M.1.1	Participate in modified versions of team sports demonstrating mature patterns while using a variety of manipulative skills.	2	1 Level 1 1 Level 2
PE.8.M.1.2	Demonstrate critical elements when striking with an object or implement.	2	Level 2
<i>Reporting Category Total</i>		8	
<i>Reporting Category 2:</i>			
PE.8.C.2.3	Explain basic offensive and defensive strategies in individual/dual sports	1	Level 2
PE.8.C.2.5	Provide feedback on skill patterns of self and partner by detecting and correcting mechanical errors	1	Level 2
PE.8.C.2.7	List specific safety procedures and equipment necessary for a variety of sport skills and physical activities	1	Level 1
PE.7.C.2.9	Describe how movement skills in one physical activity can be transferred and used in other physical activities	2	1 Level 2 1 Level 3
<i>Reporting Category Total</i>		5	
<i>Reporting Category 3:</i>			
PE.8.L.4.5	Identify health related problems associated with low levels of cardiorespiratory endurance, muscular strength and endurance, flexibility and body composition.	2	1 Level 1 1 Level 2
PE.8.L.4.4	Develop a personal fitness program including a variety of physical activities	1	Level 3
PE.8.L.3.1	Participate in moderate physical activity on a daily basis	2	Level 2
PE.8.L.4.3	Use available technology to assess, design and evaluate a personal physical fitness program	1	Level 3
PE.8.L.3.5	Identify the community opportunities for participation in individual/dual and alternative/extreme sports	1	Level 2
<i>Reporting Category Total</i>		7	
<i>Reporting Category 4:</i>			
PE.8.R.6.2	Discuss the potential benefits of participation in a variety of physical activities	2	1 Level 1 1 Level 2
PE.8.R.5.3	Demonstrate sportsmanship during game situations	2	1 Level 2

			1 Level 3
PE.8.R.5.5	Demonstrate appropriate etiquette, care of equipment, respect of facilities and safe behaviors while participating in a variety of physical activities	2	1 Level 1 1 Level 3
PE.8.R.6.1	Discuss opportunities for participation in a variety of physical activities outside of the school setting that contribute to personal enjoyment and the attainment or maintenance of a healthy life style	1	Level 2
PE.8.R.5.2	Demonstrate acceptance and respect for persons of diverse backgrounds and abilities in physical activity settings	1	Level 1
PE.8.R.5.4	Maintain appropriate personal, social and ethical behavior while participating in a variety of physical activities	2	1 Level 2 1 Level 3
<i>Reporting Category Total</i>			

Overall Percentage for Written Test: ___50%___

Overall Percentage for Performance Tasks: ___50%___

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Overall Percentage for Performance Tasks:___50%_____

Performance Task #1	Overhand Throwing Accuracy
Weighting Percent for this Task	50%
Standard	PE.7.M.1.1
Exemplar (If applicable)	
Additional Information	Student will attempt ten throws at a target (3ft by 3ft for 1 point and 1.5ft by 1.5ft for 2 points) from a distance of 20 feet in order to score the maximum amounts of points. Maximum possible points= 20 points
Suggested Assessment Team	ITMS- Terri Lane, Sari Ayer, Laricky Jones BTMS- Katie Senderling, Travis Holloway, Paul Lambert

Rubric:

4	15-20 points
3	10-14 points
2	5-9 points
1	1-4 points
0	0 points

