

Course Title: M/J Health 2 (edits)

Course Number: 0800010

NGSSS Benchmark	Content Focus	Number of Questions	Suggested Cognitive Complexity (per CPALMS)
Reporting Category 1: Responsible Behavior			
HE.7.B.3.1	Analyze the validity of health information, products, and services.	3 2	2 level 2
HE.7.B.3.4	Differentiate among professional health services that may be required.	2	1 level 1 1 level 2
HE.7.B.4.3	Articulate the possible causes of conflict among youth in schools and communities.	2	2 level 2
HE.7.B.5.5	Predict the short and long-term consequences of engaging in health-risk behaviors. * No items for this Standard in Item Bank	3	3 level 2
HE.7.B.5.4	Determine when individuals or collaborative decision-making is appropriate	3	3 level 2
HE.7.B.6.1	Analyze personal beliefs as they relate to health practices.	2	2 level 2
HE.7.B.6.2	Devise an individual goal (short or long term) to adopt, maintain, or improve a personal health practice.	2	1 level 3 2 level 2
HE.7.B.6.3	Explain strategies and skills needed to assess progress and maintenance of a personal health goal.	1	1 level 2
Reporting Category Total		14	
Reporting Category 2: Concepts			
HE.7.C.1.2	Explain how physical, mental/emotional, social, and intellectual dimensions of health are interrelated.	3	3 level 2
HE.7.C.1.3	Analyze how environmental factors affect personal health.	2	2 level 2
HE.7.C.1.4	Describe ways to reduce or prevent injuries and adolescent health problems.	2	2 level 1
HE.7.C.1.5	Classify infectious agents and their modes of transmission to the human body.	2	1 level 1
HE.7.C.1.6	Explain how appropriate health care can promote personal health.	2	2 level 2
HE.7.C.1.7	Describe how heredity can affect personal health. * No items for this Standard in Item Bank	2	2 level 2
HE.7.C.1.8	Explain the likelihood of injury or illness if engaging in unhealthy/risky behaviors.	1	2 level 3 1 level 2
HE.7.C.2.5	Analyze how messages from media influence health behaviors.	4	2 level 1 4 level 2
HE.7.C.2.6	Evaluate the influence of technology in locating valid health information.	2	2 level 2
HE.7.C.2.8	Evaluate how changes in social norms impact healthy and unhealthy behavior.	1	1 level 2
Reporting Category Total		19	
Reporting Category 3: Promotion			
HE.7.P.7.1	Examine the importance of assuming responsibility for personal health behaviors.	2	2 level 2
HE.7.P.7.2	Experiment with behaviors that will maintain or improve personal health and reduce health risks.	3	3 level 2
HE.7.P.8.2	Articulate a position on a health-related issue and support it with accurate health information.	1	1 level 2
HE.7.P.8.4	Analyze ways health messages can target different audiences.	3	3 level 2
Reporting Category Total		7	

Overall Percentage for Written Test: 100%

Overall Percentage for Performance Tasks:

