

Course Title: Outdoor Pursuits/ Aquatics (edits)			
Course Number: 1508300			
NGSSS Benchmark	Content Focus	Number of Questions	Suggested Cognitive Complexity (per CPALMS)
Reporting Category 1:			
PE.7.C.2.5	Identify and explain different types of safety equipment and practices relating to water activities	2 4	3 level 1 1 level 2
PE.7.R.5.4	List examples of appropriate personal, social, and ethical behaviors that apply to specific physical activities	3 2	2 level 1 2 level 2
PE.7.R.5.5	Demonstrate appropriate etiquette, care of equipment, respect for facilities and safe behaviors while participating in a variety of physical activities * No items available	3	1 level 1 2 level 2
PE.7.R.6.1 Some questions liked to PE.7.L.3.6, PE.6.R.6.1, PE.8.R.6.1	Identify an opportunity for participation in a physical activity outside of the school setting that contributes to personal enjoyment and the attainment or maintenance of a healthy lifestyle PE.7.L.3.6 -Identify the in-school opportunities for participation in team sports, outdoor pursuits and aquatics activities, PE.8.R.6.1-Discuss opportunities for participation in a variety of physical activities outside of the school setting that contribute to personal enjoyment and the attainment or maintenance of a healthy lifestyle, PE.6.R.6.1-Identify an opportunity for participation in a physical activity outside of the school setting that contributes to personal enjoyment and the attainment or maintenance of a healthy lifestyle.	3 4	3 level 1 1 level 2
PE.7.M.1.4 Some questions liked to PE.7.L.3.4, PE.6.L.3.4	Demonstrate introductory outdoor pursuits PE.6.L.3.4-Identify the in-school opportunities for physical activity that promote fitness, wellness, gymnastics and dance. PE.7.L.3.4- Identify the in-school opportunities for participation in team sports, outdoor pursuits and aquatics activities.	3 5	2 level 1 3 level 2 1 level 3
PE.7.M.1.6 Some questions liked to PE.7.L.3.5	Demonstrate the critical elements in specialized skills related to a variety of team sports or outdoor pursuit activities PE.7.L.3.5- Identify the community opportunities that promote team sports, outdoor pursuits and aquatics activities.	3 4	4 level 1 1 level 2 1 level 3
PE.7.M.1.8	Apply technology to evaluate, monitor and improve individual skill performance	3 1	1 level 1 1 level 2
Reporting Category Total		20	

Overall Percentage for Written Test: 60%

Overall Percentage for Performance Tasks: 40%

Course Title: Outdoor Pursuits/ Aquatics

Course Number: 1508300

Overall Percentage for Performance Tasks: 40%

Performance Task #1	Knots
Weighting	20%

Percent for this Task	
Standard	PE.7.M.1.6, PE.7.M.1.4, PE.7.R.5.5
Exemplar (If applicable)	
Additional Information	
Suggested Assessment Team	Mr. Prosuch + Carrie Walker

Rubric:

4	
3	
2	
1	
0	

Performance Task #2	Casting
Weighting Percent for this Task	20%
Standard	PE.7.M.1.6, PE.7.M.1.4, PE.7.R.5.5
Exemplar (If applicable)	
Additional Information	
Suggested Assessment Team	Mr. Prosuch + Carrie Walker

Rubric:

4	
3	
2	
1	
0	