

<b>Course Title:</b> Outdoor Pursuits/ Aquatics (edits)			
<b>Course Number:</b> 1508300			
<b>NGSSS Benchmark</b>	<b>Content Focus</b>	<b>Number of Questions</b>	<b>Suggested Cognitive Complexity (per CPALMS)</b>
<b>Reporting Category 1:</b>			
PE.7.C.2.5	Identify and explain different types of safety equipment and practices relating to water activities	<del>2</del> 4	3 level 1 1 level 2
PE.7.R.5.4	List examples of appropriate personal, social, and ethical behaviors that apply to specific physical activities	<del>3</del> 2	2 level 1 2 level 2
<del>PE.7.R.5.5</del>	<del>Demonstrate appropriate etiquette, care of equipment, respect for facilities and safe behaviors while participating in a variety of physical activities</del> * No items available	3	1 level 1 2 level 2
PE.7.R.6.1 Some questions liked to PE.7.L.3.6, PE.6.R.6.1, PE.8.R.6.1	Identify an opportunity for participation in a physical activity outside of the school setting that contributes to personal enjoyment and the attainment or maintenance of a healthy lifestyle  PE.7.L.3.6 -Identify the in-school opportunities for participation in team sports, outdoor pursuits and aquatics activities, PE.8.R.6.1-Discuss opportunities for participation in a variety of physical activities outside of the school setting that contribute to personal enjoyment and the attainment or maintenance of a healthy lifestyle, PE.6.R.6.1-Identify an opportunity for participation in a physical activity outside of the school setting that contributes to personal enjoyment and the attainment or maintenance of a healthy lifestyle.	<del>3</del> 4	3 level 1 1 level 2
PE.7.M.1.4 Some questions liked to PE.7.L.3.4, PE.6.L.3.4	<b>Demonstrate introductory outdoor pursuits</b> PE.6.L.3.4-Identify the in-school opportunities for physical activity that promote fitness, wellness, gymnastics and dance. PE.7.L.3.4- Identify the in-school opportunities for participation in team sports, outdoor pursuits and aquatics activities.	<del>3</del> 5	2 level 1 3 level 2 1 level 3
PE.7.M.1.6 Some questions liked to PE.7.L.3.5	<b>Demonstrate the critical elements in specialized skills related to a variety of team sports or outdoor pursuit activities</b>  PE.7.L.3.5- Identify the community opportunities that promote team sports, outdoor pursuits and aquatics activities.	<del>3</del> 4	4 level 1 1 level 2 1 level 3
PE.7.M.1.8	Apply technology to evaluate, monitor and improve individual skill performance	<del>3</del> 1	1 level 1 1 level 2
<b>Reporting Category Total</b>		<b>20</b>	

Overall Percentage for Written Test: 60%

Overall Percentage for Performance Tasks: 40%

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Overall Percentage for Performance Tasks: 40%

<b>Performance Task #1</b>	<b>Knots</b>
<b>Weighting</b>	20%

<b>Percent for this Task</b>	
<b>Standard</b>	PE.7.M.1.6, PE.7.M.1.4, PE.7.R.5.5
<b>Exemplar (If applicable)</b>	
<b>Additional Information</b>	
<b>Suggested Assessment Team</b>	Mr. Prosuch + Carrie Walker

**Rubric:**

4	
3	
2	
1	
0	

<b>Performance Task #2</b>	<b>Casting</b>
<b>Weighting Percent for this Task</b>	20%
<b>Standard</b>	PE.7.M.1.6, PE.7.M.1.4, PE.7.R.5.5
<b>Exemplar (If applicable)</b>	
<b>Additional Information</b>	
<b>Suggested Assessment Team</b>	Mr. Prosuch + Carrie Walker

**Rubric:**

4	
3	
2	
1	
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