



Kidding Around Yoga

After School Program!

Kidding Around Yoga is stress management for children. All ages are welcome ♥ I love being a certified Kidding Around Yoga teacher! While teaching the science of yoga, KAY provides a curriculum that is specifically designed to help children be active, learn to relax, improve focus, and have FUN in a non-competitive environment. We do this through the use of cardiovascular conditioning, original songs, games, storytelling, and relaxation techniques. Kidding Around Yoga reaches children through the way they learn best - PLAY! *Must be able to maintain attention to task to be in club*

We are excited to announce our brand new yoga club!!
 For only 38 dollars a month students can join!!
This club is open to all grades, but only first 20 applications will be accepted!

Easy payment through invoice to reserve your spot!
 Contact Toni at 386-237-2920 or
 Findyourselfpeacebypieces@gmail.com



Student Name _____ Teacher _____ Grade _____
 Parent name _____ Email _____
 Phone number _____ Emergency phone number _____

How will your child go home at 4:30pm? _____
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